



GREATER SHEPPARTON SECONDARY COLLEGE

Vaping and tobacco controls

OUR VISION

To develop creative, curious and caring learners who actively contribute to making a better world



ABOUT OUR COLLEGE

- GSSC commenced in 2020 as a result of the merger of the four secondary colleges in Shepparton.
- Stage 1 of the Shepparton Education Plan with a \$160m new school built to support this community
- SFOE is .5716 indicating a high level of disadvantage
- 53% of students are equity funded
- Approx 157 students participate in EAL classes



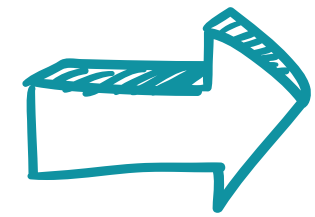
OUR COMMUNITY

- GSSC is a microcosm of Greater Shepparton
- Our student population is 2,072
- 41 different nationalities are represented in the College
- 32 different languages are identified as being spoken at home
- 14% First Nations students

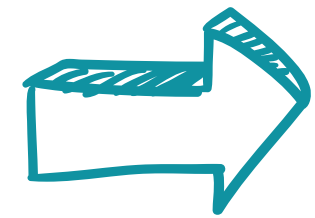


WHAT IS OUR DATA TELLING US ABOUT VAPING?

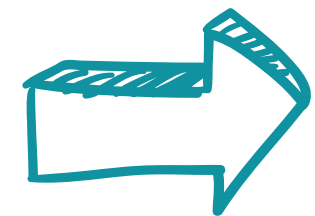
DATA TAKEN SINCE 2022 WHEN SUSPENSIONS WERE APPLIED FOR VAPING



2022 – 107 suspensions that mention vaping



2023 – 45 suspensions mentioning vaping as a reason



2024 – 18 suspensions mentioning vaping

DEPARTMENT OF EDUCATION'S RECENT ADVICE IS THAT STUDENTS SHOULD NOT BE SUSPENDED FOR VAPING:

“Use or possession of an e-cigarette does not fall under any of the grounds for suspension of a student. Every effort must be made to retain students in education as they are often at greater risk of harm or disadvantage if disengaged from school”.





School Suspension Learning: Dangers of vaping

Student Name: _____

Class: _____

House Leader: _____

Date: / /22

Learning Intention	To develop an understanding that vaping is addictive. To develop an understanding of the dangers of addictions																																																																																																																																		
Success Criteria	<ul style="list-style-type: none"> I can understand how vaping becomes highly addictive I can understand that the long-term harm from vaping is not yet known. I can identify advertising strategies to influence young people to use vapes I can identify strategies that will help me resist using vapes. 																																																																																																																																		
Do Now:	<p>Wordsearch</p> <table border="1"> <tr><td>V</td><td>L</td><td>U</td><td>N</td><td>G</td><td>S</td><td>C</td><td>R</td><td>A</td><td>V</td><td>E</td></tr> <tr><td>A</td><td>D</td><td>D</td><td>I</td><td>C</td><td>T</td><td>I</td><td>V</td><td>E</td><td>H</td><td>C</td></tr> <tr><td>P</td><td>B</td><td>A</td><td>P</td><td>E</td><td>E</td><td>R</td><td>A</td><td>B</td><td>A</td><td>H</td></tr> <tr><td>I</td><td>R</td><td>M</td><td>P</td><td>R</td><td>E</td><td>S</td><td>S</td><td>U</td><td>R</td><td>E</td></tr> <tr><td>N</td><td>A</td><td>A</td><td>D</td><td>T</td><td>O</td><td>X</td><td>I</td><td>C</td><td>M</td><td>M</td></tr> <tr><td>G</td><td>I</td><td>G</td><td>F</td><td>L</td><td>A</td><td>V</td><td>O</td><td>U</td><td>R</td><td>I</td></tr> <tr><td>C</td><td>N</td><td>E</td><td>P</td><td>R</td><td>O</td><td>F</td><td>I</td><td>T</td><td>S</td><td>C</td></tr> <tr><td>H</td><td>A</td><td>R</td><td>M</td><td>F</td><td>U</td><td>L</td><td>D</td><td>E</td><td>F</td><td>A</td></tr> <tr><td>W</td><td>E</td><td>L</td><td>L</td><td>B</td><td>E</td><td>I</td><td>N</td><td>G</td><td>G</td><td>L</td></tr> <tr><td>D</td><td>E</td><td>P</td><td>E</td><td>N</td><td>D</td><td>A</td><td>N</td><td>C</td><td>Y</td><td>S</td></tr> </table> <table border="1"> <tr><td>ADDICTIVE</td><td>DAMAGE</td><td>LUNGS</td><td>BRAIN</td><td>PEER</td></tr> <tr><td>VAPING</td><td>CHEMICALS</td><td>WELLBEING</td><td>TOXIC</td><td>PRESSURE</td></tr> <tr><td>HARMFUL</td><td>DEPENDANCY</td><td>FLAVOUR</td><td>PROFITS</td><td>HARM</td></tr> <tr><td>CRAVE</td><td></td><td></td><td></td><td></td></tr> </table>	V	L	U	N	G	S	C	R	A	V	E	A	D	D	I	C	T	I	V	E	H	C	P	B	A	P	E	E	R	A	B	A	H	I	R	M	P	R	E	S	S	U	R	E	N	A	A	D	T	O	X	I	C	M	M	G	I	G	F	L	A	V	O	U	R	I	C	N	E	P	R	O	F	I	T	S	C	H	A	R	M	F	U	L	D	E	F	A	W	E	L	L	B	E	I	N	G	G	L	D	E	P	E	N	D	A	N	C	Y	S	ADDICTIVE	DAMAGE	LUNGS	BRAIN	PEER	VAPING	CHEMICALS	WELLBEING	TOXIC	PRESSURE	HARMFUL	DEPENDANCY	FLAVOUR	PROFITS	HARM	CRAVE				
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REFLECTION TASK:	<p>Read the Age article and view the videoclip https://www.theage.com.au/national/nsw/vaping-a-constant-craving-for-too-many-of-my-school-friends-20220314-p5a4dv.html</p> <p>Complete the following reflective questions and prompts</p>																																																																																																																																		
List 3 important facts from the article and video	<ol style="list-style-type: none"> 																																																																																																																																		
Describe how you have been	<p>What were the circumstances of your first vaping experience?</p> <p>How have you been influenced to vape?</p> <p>How often do you vape?</p>																																																																																																																																		



School Suspension Learning: Dangers of vaping

Student Name: _____

Class: _____

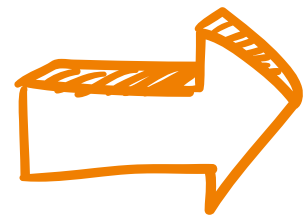
House Leader: _____

Date: / /22

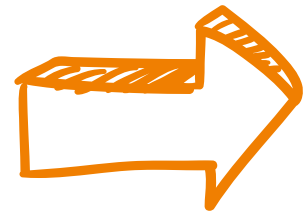
influenced to vape. NOTE: You don't need to name other students.	
What was the harm caused by you vaping at school?	<p>How did your actions affect others? Have you had an influence on others vaping? Are there other people impacted by your vaping actions? Who are these people and How are they impacted?</p>
What is needed to repair this damage?	
<p>REVIEW</p> <p>List 3 strategies you can use to avoid being influenced to vape.</p>	<ol style="list-style-type: none">
Advertising campaign	In the space below write an advertising slogan that will have some influence on not vaping

MAJOR CHRONICLES ON COMPASS

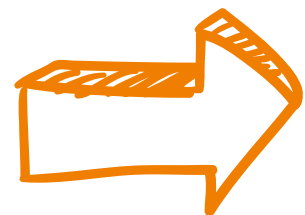
THIS DATA REPRESENTS THE NUMBERS OF STUDENTS WHO HAVE HAD A CHRONICLE PLACED ON COMPASS FOR THEIR INVOLVEMENT IN VAPING. EITHER VAPING THEMSELVES OR WITH ANOTHER STUDENT/STUDENTS VAPING.



2022 – 81 mentions of vaping



2023 – 338 mentions of vaping – less suspensions



Term 1 2024 – 80 mentions of vaping



DEPARTMENT OF EDUCATION INFORMATION ON VAPING

THE DEPARTMENT'S POLICY SUPPORTS PUBLIC HEALTH OBJECTIVES TO ENSURE THERE IS NO SMOKING OR USE OF E-CIGARETTES (VAPING) ON SCHOOL PREMISES (BUILDINGS AND GROUNDS), WITHIN 4 METRES OF SCHOOL ENTRANCES OR AT SCHOOL SANCTIONED EVENTS HELD OFF-PREMISES.

Smoking and vaping: school and teacher resource guide

Schools have an important role to play in providing a protective environment and educating children and young people against the harmful effects of smoking and vaping.

The facts about smoking and vaping

What is smoking and vaping?

Smoking is a practice where a substance is burned, creating a smoke that is breathed into the lungs.

Vaping is a process where a liquid is heated, creating a vapour that is breathed into the lungs. Both smoking and vaping involve inhaling chemicals into the lungs which can harm your health.

E-cigarettes, also known as 'vapes', are electronic devices that heat a liquid (or 'juice') to create an aerosol that users inhale. Using an e-cigarette is commonly called 'vaping'. E-cigarettes come in all shapes and sizes and can look like a highlighter, a pen or USB.¹

What's inside an e-cigarette?

There are no quality or safety standards for e-cigarettes, or the liquids used in e-cigarettes, meaning their manufacture, contents and labelling are unregulated.

Most e-cigarettes contain nicotine which is harmful and addictive. Most e-cigarettes and e-liquids that are labelled nicotine-free, do contain nicotine.² Hazardous substances, including heavy metals and cancer-causing agents, have been found in the aerosol produced by e-cigarettes.

How vaping affects a child's body

Vaping can cause significant harm in the short and long term, even if non-nicotine e-cigarettes are used:

- Short-term effects include vomiting, nausea, coughing, shortness of breath, mouth irritation and asthma
- Long-term effects include lung damage, heart disease and cancers

E-cigarettes haven't been around long enough to know if they cause other diseases, but most experts think it is likely they will cause lung and mouth cancers.

Nicotine exposure during adolescence can harm brain development and lead to higher risk of addiction.³ Nicotine is a poison and can make people sick if it is swallowed, and it has been linked to deaths of small children.

Children who use e-cigarettes are more than three times more likely to move onto smoking cigarettes. There have also been cases of e-cigarettes exploding and catching fire.

¹Source: E-cigarettes and vapes: what you need to know (hal.org.au)
²Source: E-cigarettes and vapes: what you need to know (hal.org.au)
³Source: Using and not using health (hal.org.au)
⁴Source: Kids Health Information: E-cigarettes and vapes (hal.org.au)

Vaping laws

Smoking and vaping are banned in and around schools

The Tobacco Act 1987 (the Tobacco Act) bans smoking and vaping on school premises or within 4 metres of any pedestrian access point to school premises.

The smoking and vaping ban applies to:

- anyone present on school premises during and outside of school hours including students, teachers, contractors, parents or carers or the wider community, such as sporting groups
- all activities that take place on school premises including pre-schools, kindergartens, outside school hours care, cultural, sporting or recreational activities and school fetes

Smoking and vaping are also not permitted at school events and excursions held off school premises.

Health and retail laws

The Tobacco Act regulates where individuals can smoke or vape, as well as the sale and advertising of tobacco and e-cigarette products. It is illegal for any person:

- to sell, barter or exchange any type of tobacco or e-cigarette product to a person under 18 years of age
- to possess an e-cigarette containing nicotine, unless they have a doctor's prescription
- to smoke or vape in a motor vehicle if a person under 18 years is also present in the motor vehicle.

Information about retailers selling e-cigarette products to minors should be reported to local councils.

For more information about the Tobacco Act, go to www.legislation.vic.gov.au/in-force/acts/tobacco-act-1987/095

School obligations

The Department of Education and Training's [Alcohol and Other Drugs- Students policy](#) provides schools with information on the whole school approach to reducing alcohol and drug use.

Under this policy, schools must:

- not permit student possession, consumption or selling of alcohol or other drugs on school premises or at camps and excursions
- manage and report any alcohol and other drug related incidents in accordance with the Reporting and Managing School Incidents (including emergencies) Policy and with the procedures as set out in this policy
- take appropriate action as described in the Department's Alcohol and Other Drugs- Students policy
- consider health and wellbeing support for students, ahead of punitive measures and ensure that students have access to immediate and ongoing support for any substance use issues.

Get the facts about vaping

What are your kids breathing in?

- Vapes are not safer than cigarettes
- There are no quality or safety standards for vapes
- Vapes can have addictive nicotine, toxic metals and many different chemicals

What it does to your body:

- Vaping can cause vomiting, nausea, coughing, shortness of breath, mouth irritation and asthma
- Chemicals in vapes can cause lung damage, heart disease and cancers
- Nicotine harms the brain development of children and teenagers
- Young people who vape are more than three times more likely to move onto smoking cigarettes

Talk to your kids about the risks of smoking and vaping

- Contact Quit at quit.org.au or phone **13 78 48**
- Visit the Royal Children's Hospital website rch.org.au and search 'vaping'

Scan the QR code for more information

vapingfacts.org.au

Published Feb 2024

NO SMOKING OR VAPING



on this premises and within 4 metres of entrance

PENALTIES MAY APPLY

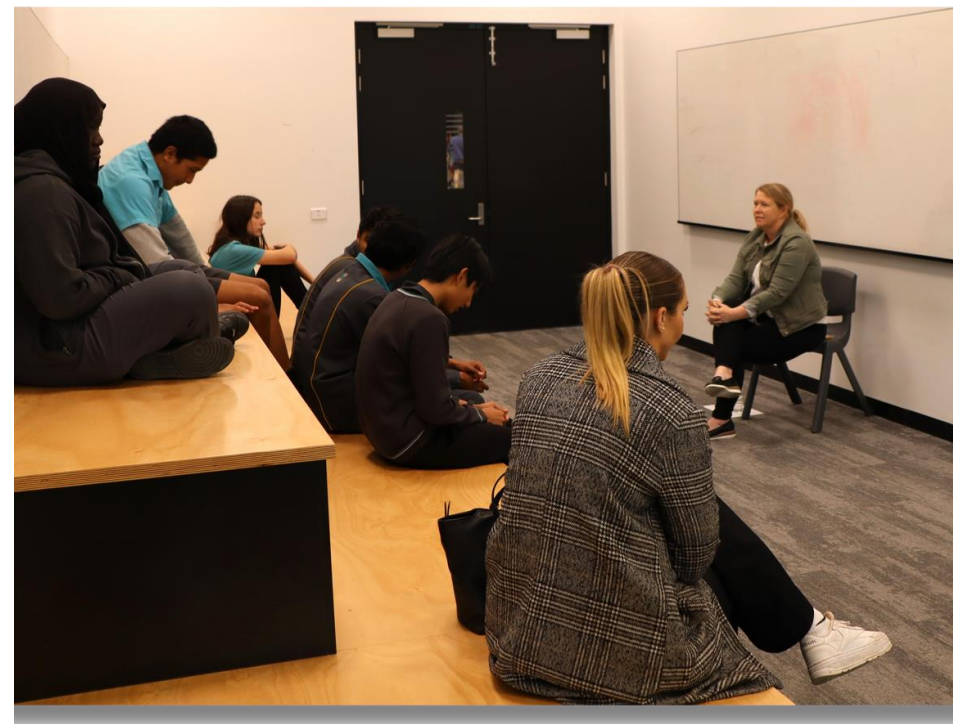
Tobacco Act 1987

STRATEGIES TO MANAGE VAPING

- Regular information provided to parents, staff and students
- We have employed Education Engagement Staff to supervise corridors and toilets (inside) and this has helped to lessen the opportunities for students to vape



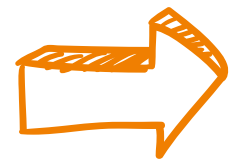
STRATEGIES TO MANAGE VAPING



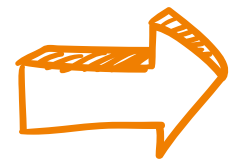
- Lessons about the dangers of vaping in:
 - Home Group sessions
 - Connect classes (social emotional classes)
 - Health classes
- Support for students
 - School Nurse support
 - Information to families through Compass / Newsletters
 - Reflection Sheet for students

HOME GROUP LESSON IN 2023

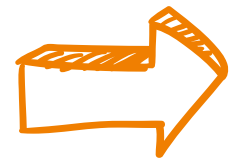
RESPECT YOUR LUNGS AND BRAIN



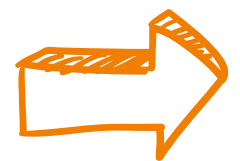
The number of chronicles related to vaping have increased



In the month of May, there have been 41 cases of students vaping or being in the company of a student vaping



Vaping is not permitted and you risk a suspension, even if you are standing with a vaper



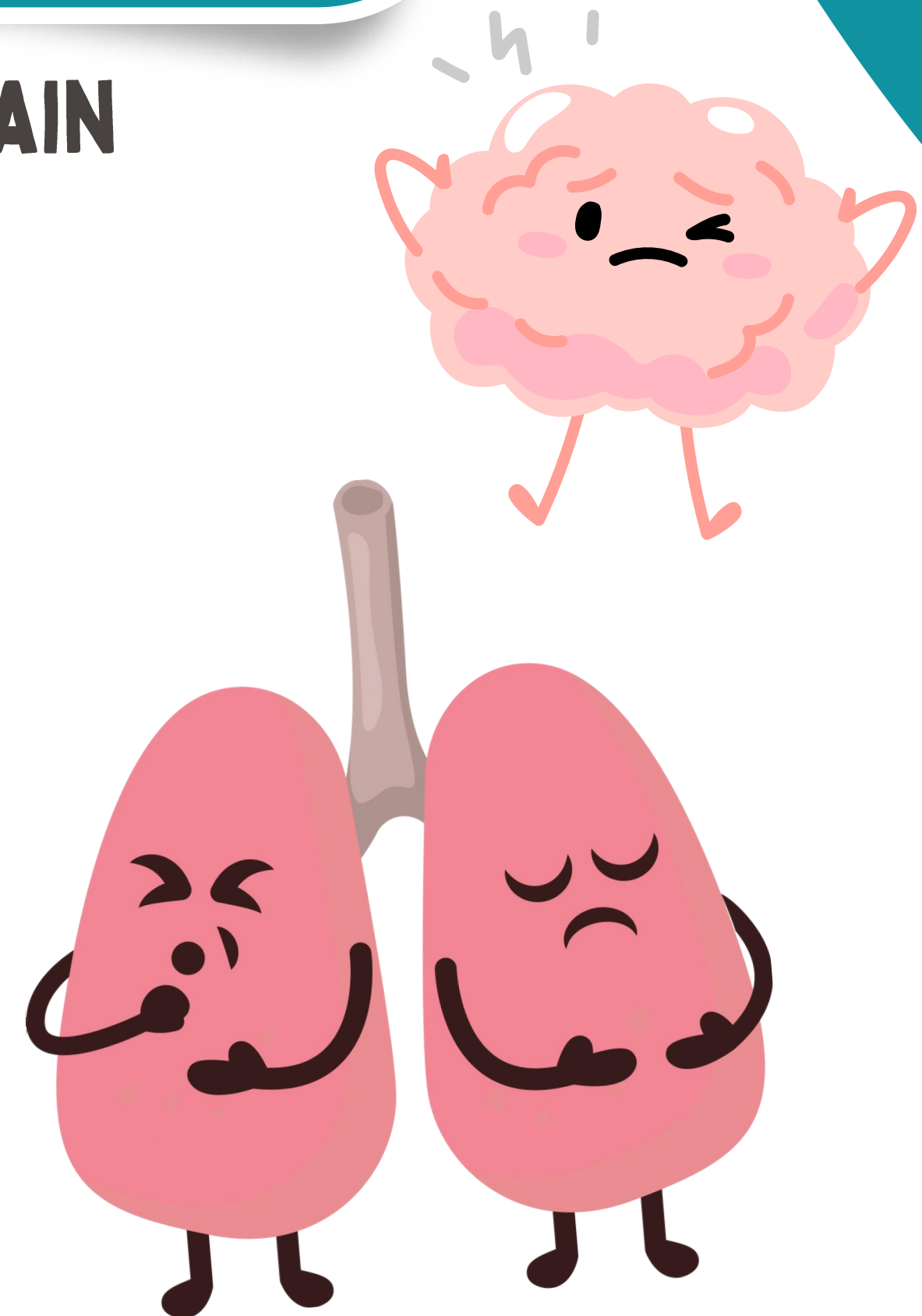
Vaping is dangerous



Your lungs and brains are precious organs; both are damaged by vaping

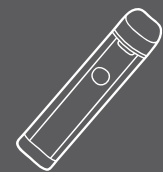


Walk away from vapers and remind them of the damage being done to the only lungs they've got!



YEAR 7 LESSON

THE FOLLOWING INFORMATION WAS PRESENTED TO YEAR 7S AS PART OF THEIR CONNECT CLASS - OUR SOCIAL & EMOTIONAL CURRICULUM



What is vaping?



Risks of vaping



What do vapes look like?



Most common age to vape



Vapes versus cigarettes



FEEDBACK FROM STUDENTS

AS PART OF OUR LESSON REVIEW, STUDENTS SHARED THEIR FEEDBACK.
HERE'S WHAT THEY HAD TO SAY ...

“

This presentation on vaping has taught me about the numerous negative effects of vaping. I now know what a vape looks like, the age group percentages of people who vape and the common reasons for vaping.

”

“

I was aware vaping is hazardous and unhealthy, but I didn't realise how life threatening some of the side-effects can be. I found it very interesting that the main reason young people vape is out of curiosity. Overall, this presentation was a lot more intriguing and informative than I thought it might've been.


”



TOXIC PRESENTATION

DURING TERM 2, STUDENTS WILL RECEIVE A PRESENTATION FROM MASHED THEATRE PRODUCTION, TITLED 'TOXIC.'

Our students will also take part in a pre-survey by GV Health (Alicia Minnoti the contact) as they are initiating a local Vaping Campaign and using our students and parents for their base-line data.



TOXIC

Recommended Grades 7 -10
50 minutes + 10 min Q&A
Teacher's Resources Available

THE STORY
Vape-Gate is in full swing, and the tug of war between conformity and individualism drives four students to seek the sanctuary of their school's hideout – the ambulant toilet block. Vaping, alcohol, parties, and young love intertwine these four students into toxic circumstances with devastating consequences.

FOR TEACHERS
A well-being show that explores toxic behaviour, relationships, and the struggles of fitting in and individual expression as a young teenager. Based on real stories by students around Queensland, speaking from their experience with vaping and substance abuse, bullying, individualism, co-dependency, mental health, and toxicity with a powerful message for behavioural change.

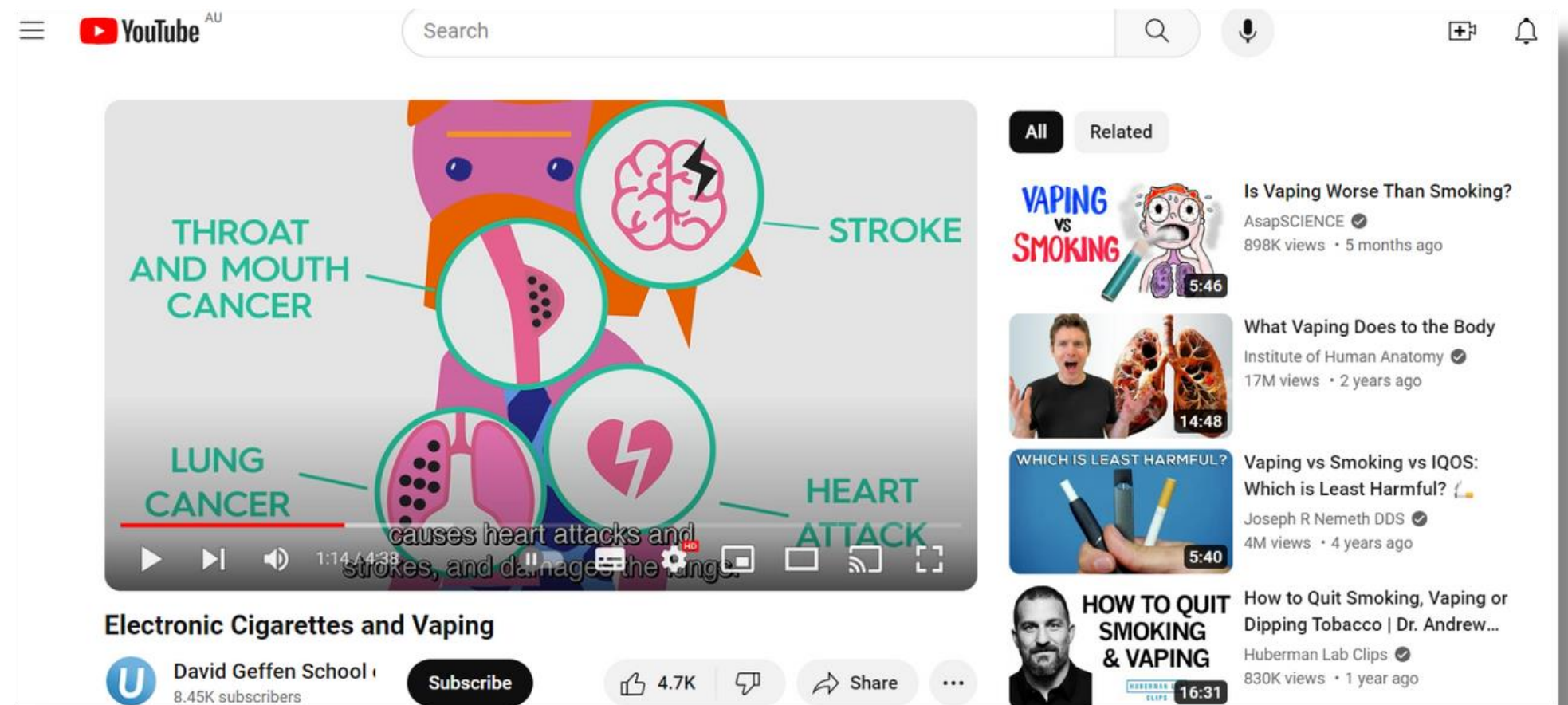
CURRICULUM LINKS
Well Being, Collage Drama/Theatre, Partial Verbatim, Mental Health & Anti-Bullying, Vaping, Alcohol Use & Peer Pressure, Toxic Behaviour & Behavioural Change, Youth Development

HEALTH PRESENTATION

THE FOLLOWING INFORMATION WAS PRESENTED TO ALL STUDENTS REGARDING THE RISKS AND FACTS AROUND VAPING

GSSC is a place of learning. We'd like to share with you some of the facts about vaping.

We do this so that if you are confronted with the choice to vape, or, not to vape, you have all the facts when making your decision.

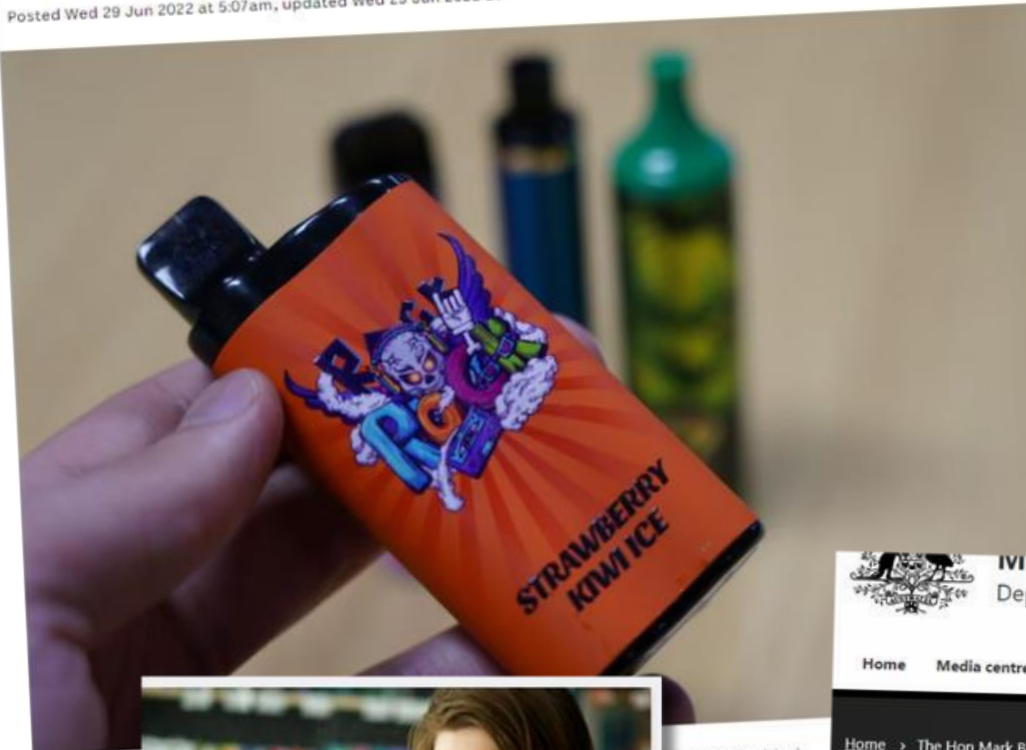


The screenshot shows a YouTube video player for a video titled "Electronic Cigarettes and Vaping" by David Geffen School. The video content features a stylized illustration of a person's head and torso with callouts to various health risks: "THROAT AND MOUTH CANCER", "LUNG CANCER", "STROKE", and "HEART ATTACK". A subtitle at the bottom of the video reads "causes heart attacks and strokes, and damages the lungs." The video player interface includes a search bar, a play button, and a progress bar. To the right of the video player, there are several related video suggestions, including "Is Vaping Worse Than Smoking?", "What Vaping Does to the Body", "Vaping vs Smoking vs IQOS: Which is Least Harmful?", and "HOW TO QUIT SMOKING & VAPING".

LESSON CONTENT

Some students want to rebel and think vaping is cool and tastes good, research finds

ABC Western Sydney / By Tony Ibrahim
Posted Wed 29 Jun 2022 at 5:07am, updated Wed 29 Jun 2022 at 7:00am



Schools offered anti-vaping support

Schools have become a key battleground in the fight against illegal underage vaping, with principals offered resources to support addicted students.

'We need to intervene': landmark vaping study shows increased uptake among teenagers ahead of reforms

Report authors warn of a 'small but rapidly closing window' to prevent teenagers developing nicotine addiction and other health issues

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- Get our morning and afternoon news emails, free app or daily news podcast



A new vaping study shows a rise in teens using e-cigarettes. Cancer experts say young people are 'three times as likely to take up smoking if they vape'. Photograph: Nikolay Vinokurov/Alamy
The number of students in years 7 through to 12 who have vaped in the past month has almost quadrupled in the past five years, data from the latest Australian secondary students' alcohol and drug survey shows.

Ministers
Department of Health and Aged Care

Home Media centre Mark Butler Anika Wells Ged Kearney Emma McBride Malarndirri McCarthy

Home > The Hon Mark Butler MP > Minister Butler's media

Demand for new youth anti-vaping program surges as Parliament considers world leading vaping reforms

Unprecedented concerns around rising vaping rates in schools show the need for immediate action, a recent trial has shown.

Media event date: 10 April 2024
Date published: 10 April 2024
Media type: Media release
Audience: General public

Unprecedented concerns around rising vaping rates in schools show the need for immediate action, a recent trial has shown.

- What is vaping
- Who developed vape and why?
- What do you inhale?
- So what's the big deal about vaping?
- What does the law say about vaping?
- What are our local bus companies doing?
- What happens at GSSC if you are found vaping?
- If you need help or would like to know more – Please speak to a member of the GSSC Wellbeing team, or have a chat to our friendly school nurse Mark Metcalf.

FROM A STUDENT'S PERSPECTIVE

Our College Captains surveyed some of our students and this is what they found.



Our 2024 GSSC College Captains

WHAT OUR SCHOOL NURSE HAS TO SAY



Secondary School Nurses



Raelene Wilson



Amy Keat



Mark Metcalf

About the program

The Secondary School Nursing Program aims to support the health, wellbeing and learning outcomes of secondary school students by focusing on health promotion and primary prevention.

In addition to the individual consultations the team has promoted:

- Year 9 Passports and Taking Care of Me programs
- Year 10 consent program
- R U OK? Day
- One Punch presentation by the Pat Cronin Foundation
- Bullying prevention
- 16 days of activism against gender-based violence
- Development of the health curriculum



SCHOOL NURSE, MARK METCALF

- School nurses role – Education and receive referrals.
- Prevalence – is everybody doing it?
- Cycle of addiction and cycle of change
- Access
- Health Educations role

WHAT ARE OUR CHALLENGES?

- The ease of concealing a vape – can vape in toilets, in the yard, in corners of buildings and difficult to detect except for smoke
- Students don't believe it is as dangerous as smoking
- Addictive
- Cheap and up until now very accessible
- Constantly sets off fire alarms
- Communicating with families difficult due to language barriers



IN SUMMARY

GSSC has identified vaping as a concern for some students.

We will continue to promote health and wellbeing in our school community and address the prevalence of vaping by young people through education and wellbeing support.



THANK YOU
for your time today

