

Submission No. POA/73
Received 09/04/2010
Law Reform Committee

3-4-10

Dear Helen-

Following our phone conversation last week, this list may help.

for written articles -

THE AGE

" HERALD-SUN

} both have occasional

50 PLUS

seniors' supplements

THE SENIOR

PENSION NEWS - this is most widely distributed

VET AFFAIRS

WAR WIDOWS' ASSN.

} both have newsletters

as have

DYING WITH DIGNITY, VIC.

RESIDENTS OF RETIREMENT

VILLAGES, VIC.

COTA, SENIORS,

and "SENIORS ONLINE"

for Brochures - (please use clear print,
not too small, and a ~~blue~~ colour/
ink combination that is easy
to read) COTA, AUST. SENIORS,
SENIORS' RIGHTS, LIBRARIES,
LOCAL COUNCILS, W.I.R.E.,
FINANCIAL PLANNERS' ASSOCIATION,
LEGAL AID CENTRES,

for Speakers - COTA, SENIORS' RIGHTS, PROBUS,
? LAW WEEK VIEW CLUBS,
? SENIORS' WEEK

I've enclosed a few cuttings
that may explain some of them, and
I didn't have any others, but could
find them if you were unable to do so.

I hope this is helpful.

Please excuse
the writing &
the corrections.
Some days my hands
have a wobble, &
this is one of those
days. (as was yesterday
& the day before!)

Best Regards -
Patricia Williams

VIEW Clubs of Australia

Around the Clubs with Shirley Weekes

General News

2010 is an exciting year for VIEW as we are celebrating our 50th birthday. The overall theme will be celebrating the past 50 Golden years of VIEW and looking to the future. The Australian wide celebrations will get underway on Tuesday 30 March, which is the date of the first VIEW Club inauguration in New South Wales, and finish when we celebrate at the VIEW Convention 2010 in Canberra in September.

If you have not attended convention before, then make a special effort to be there as this year's will be an extra special event and not to be missed. Victoria's celebrations will commence at the border on Wednesday 19 May at Albury/Wodonga and then on to the Melbourne metropolitan event, which will be a morning tea held in the Doncaster area on Thursday 20 May. Next the celebrations move to Ballarat for Friday 21 May and lastly to Dingley/Dandenong area for Saturday 22 May. This will be a luncheon to celebrate our 50th birthday and incorporate Area VB annual Gala.

All events are open to all members and female friends



evening commenced with elections followed by the AGM and then onto the party. The club were fortunate to be visited by no less than Lady Uppity Crust who not only entertained us but provided an education on how to address royalty and the appropriate attire to wear. Each and everyone left on a happy

response from 47 fire stations and specialist departments.

This year we have already heard an instructive presentation by Mary (pictured above) a volunteer guide from the

VIEW Annual Gala.

All events are open to all members and female friends of VIEW so if you have been curious about VIEW, who we are, and what we do, this is an opportunity to experience the fun and warm friendship of VIEW and learn about the support members provide in their local community and for disadvantaged students through The Smith Family suite of programs under the banner of Learning for Life. Full details for all Victorian events will be available in early March.

CONGRATULATIONS go to Esme Jolme of the Castlemaine VIEW club, who won the Order of Australia Medal in the Australia Day Awards. Her citation is for "community involvement". She was involved with the Red Cross for 40 years and her proudest achievement was being involved with the service company set up to drive sick and disabled people around Castlemaine and further afield, to Melbourne for hospital appointments etc. Esme will be receiving her medal in April and reports "she will always treasure the letter from the Governor where he says he is hoping to meet her then".

Berwick Evening Club held their first meeting of the year on Monday 15th February with a cocktail party rather than a sit down dinner. Their theme was a combination of St Valentine's Day with heart shaped chocolates and all members wore red and white (pictured top). The

now to address royalty and the appropriate attire to wear. Each and everyone left on a happy note after all the laughter. We have a fun filled program for the ensuing months. On 15 March the theme is Italian, Ides of March with a Guest Speaker. On 19 April pre Anzac Day, Guest Max Gilbert will be talking about his memories of his war experiences. May of course we will be attending VIEW 50th celebrations. New members are always assured of a warm welcome. We meet on the third Monday at 6.30pm at the Beaconsfield Hotel, Princess Hwy, Beaconsfield. Contact Cheryl for further details 8794 8791.

Beaumaris Day View Club: We meet on the third Monday of the month at the Sandringham Hotel commencing 11.30am for a short meeting followed by a two-course lunch and an interesting Guest Speaker. We are pleased to report that all committee positions have been filled and already an interesting program is in place. On 24 March, we have arranged to visit the Sand Sculpture in Frankston followed by lunch at Food Star, 315 Nepean H/way, Frankston. Our next meeting will be on Monday 15 March and the guest speaker on this occasion will be a member of the Metropolitan Fire Brigade, a world class fire and rescue service. This is a chance to be informed about skills required to join the force, their latest equipment and emergency

nearby an instructive presentation by Mary (pictured above) a volunteer guide from the McClelland Sculpture Park and Gallery about many of the beautiful sculptures there. Mary was very knowledgeable about the history behind the establishment of the park. The Gallery can be found at 390 McClelland Drive, Langwarrin. This is a great place to spend time wandering around the sculptures and finish the visit with tea or coffee.

We are a very active group of ladies and fun and friendship abounds. Apart from our normal activities we also provide support in our local area such as library bags and stationery for disadvantaged students. We are also happy to be able to support five disadvantaged students with a scholarship through The Smith Family Learning for Life program. Another activity we run on an ongoing basis is a gentle exercise class each Thursday from 2.00pm for 1 hour. Cost is \$5, which includes relaxation, friendship and finish off with a cuppa. For further information about any of the above contact Heather on 9589 0747.

Ladies if you live in the **Cranbourne area** and are interested in a VIEW club in your local area or anywhere else please contact me with expressions of interest. I can also provide information about existing clubs anywhere in Victoria. Shirley, 9585 1186, email shir- lin311@bigpond.com



Probud provides its members with self-generated goodwill, a sense of belonging, a diverse background of ideas, continuing self-esteem and a cordial environment to share in their retirement years.

Activities

Activities normally fall into two parts:

- A formal meeting on a set day each month. This comprises a club business session, a coffee break followed by a guest speaker and/or discussion on a topic of mutual interest.
- Outings (between meetings) to places or organisations of interest to members, theatre, social or sporting occasions. These may include overnight trips, tours and walks.



Structure

Clubs are simple in structure, operating and adhering to a basic set of rules of operation in order to preserve the integrity and reputation of the Probud movement. Probud clubs are free from the constraints and obligations of service clubs. Probud clubs are non political, non sectarian, non profit making and non fundraising bodies. Probud membership involves minimal cost and is primarily directed at providing the opportunity for extension of acquaintance and interests with like minded individuals.

Why not take up the challenge and give Probud Centre a call today!

**PROBUS - Tomorrow's Vision
for Active Retirees.**



RETIRED OR NO LONGER WORKING FULL TIME?

Looking to fill this void?

How about joining Probus?

Re-evaluating your place in the world and finding ways to spend an unfamiliar abundance of leisure time is something many people entering retirement struggle with.

For men and women who are looking to their retirement, the task of redesigning their lifestyles can be a challenge.



Probus is an organisation for ACTIVE RETIREES, who join together in clubs, the basic purpose of which is to provide regular opportunities for them to keep active, expand their interests and to enjoy the fellowship of new friends.

Want to know more about joining?

Contact Probus Centre

Toll Free within Australia 1800 630 488 or (02) 9806 0100

Toll Free within New Zealand 0800 14776 287

Email: probus@probus.com.au | www.probus.com.au

For a complimentary copy of PROBUS - *the magazine* and an information leaflet - please quote 'HORIZONS IN PROBUS' when you call or email Probus Centre.

**Protecting the Rights of Senior Victorians
A Free Community Education Program**



Seniors Rights Victoria (SRV) provides informative and accessible workshops, presentations and talks on elder abuse to clubs, groups and associations throughout Victoria.

Speakers from SRV are fully trained to present on the different types of elder abuse, rights, prevention and assistance, including legal options, support and advocacy.

**To book your group's free talk in 2010 contact the
SRV Community Education Co-ordinator**

Gary Ferguson

(03) 9655 2112 or

srvcommed@cotavic.org.au

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Office of the
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**ENDURING
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Free Law Week information session

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Thursday, May 20, 2010
10am-noon

Refreshments and handouts supplied

Level 5, 436 Lonsdale Street,
Melbourne.

**Bookings essential.
Places limited.**

Call Lorraine on (03) 9603 9566

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